

## **Athletic Paperwork Check List**

1. Paperwork must be completed in full and signed by a parent/guardian in the presence of a notary. There is a notary available at Cape Coral High School for your convenience from 6:30 am to 2:30 pm during the regular school year. There is no charge for this service. **IT IS ILLEGAL FOR A FLORIDA NOTARY TO NOTARIZE A PAPER THAT IS NOT COMPLETELY FILLED OUT.**
2. In order to abide by the Florida High School Athletic Association (FHSAA), which regulates interscholastic sports in Florida, **every** student must turn in a **birth certificate** before competing in interscholastic sports for the first time at Cape Coral High School.
3. Every athlete **must** have accident insurance. If you do not have insurance, please come to the Athletic Office to obtain school insurance. "At School Insurance" is available for \$6. This covers all school-sponsored events (**except football & soccer**) for the school year. Football insurance is available for \$43, soccer is \$16, if the student is not covered by another health insurance policy. Please be aware the school insurance policies, including football insurance, are limited. They usually cover less than 50% of the total medical cost. **If using school insurance, you MUST fill out the form and mail with payment YOURSELF. This insurance will NOT become effective until the insurance company has RECEIVED the form with payment. The insurance company will then verify with the athletic secretary that payment has been received and is then effective.**
4. If you are a first time athlete to CCHS coming from a private school or out-of-state, you need verification of grades, i.e. report card or transcripts.

The Athletic Office is here to assist you in becoming a Seahawk Athlete; however, we cannot do your work. Make sure that all your paperwork is completed and properly filled out. **If it is not, it will be returned to you!!!** Athletes are **not** permitted to participate, practice or condition (including summer workouts) unless all paperwork (including physical exam) is turned in. Keep up your grades!!! If you need help, please see your coach!!!!

### **Have you done the following on the athletic paperwork form? :**

- ✓ Filled in ALL information for Part 1 of the Consent & Release of Liability Certificate (GOOD ONLY FOR ONE SCHOOL YEAR)
  - ✓ Filled in all blanks with Student and Parent/Guardian signatures on the Consent & Release of Liability Certificate Part 2 and Part 3
  - ✓ Had page ONE notarized
  - ✓ Filled in the Medical History on the Preparticipation Physical Evaluation Form
  - ✓ Using the physical form required by the FHSAA located on the back of provided form, you must undergo a preparticipation physical evaluation and been certified as being physically fit for participation in interscholastic athletics. **The physical evaluation is valid for 365 calendar days from the date that it was administered after which time you must successfully undergo another physical evaluation to continue your participation.**
  - ✓ Turned in a copy of athlete's Birth Certificate (if the first time trying out for a sport at CCHS)
  - ✓ Verified your GPA
  - ✓ Emergency Card must be filled out completely & signed by a parent/guardian
- (2009-10)